

Solutions Peer Response Team

2022-2023 Annual Report



SOLUTIONS RECOVERY

SUPPORT • GROWTH • ACTION

History of Solutions Peer Response Team (SPRT)

The Solutions Peer Response Team (SPRT) was founded following recommendations from the Winnebago County Overdose Fatality Review (OFR) team to better understand where overdoses were occurring in the community and to provide rapid support to survivors of an overdose.

Initially, the team made attempts to create overdose maps to identify overdose "hot spots" in the community, followed by another attempt to adopt a rapid response model from a different community. While these attempts proved unsuccessful, the OFR continued to push for prevention of overdose and connection to services and harm reduction options to be readily available throughout the community.

To move from concept to reality, 30 stakeholder interviews were conducted with partners representing city, county, nonprofits, emergency medical, health care, law enforcement, and recover/peer support community to better understand the needs and best approaches to develop a rapid response initiative for the community. Overwhelmingly, partners agreed this work needed to be led and run by people in recovery.



Solutions Recovery Inc. was identified as an ideal lead organization of the proposed "rapid response" model. Since 2007, Solutions has been a peer-led recovery organization and has served the community of people impacted by substance use in ever-expanding ways. Building on their success and trust within the community, Solutions embraced the task of launching the Solutions Peer Response Team.

The SPRT is made possible by:

- Funding from: PHAST, a grant from the CDC Foundation made possible by Bloomberg Philanthropies; COSSUP; and Vital Strategies
- Supportive partnerships with the Winnebago County Health Department and Winnebago County Sheriff's Office



The SPRT Program Goals

The SPRT Program is a 24/7 rapid response model consisting of recovery coaches with the goals to:

- Work with those experiencing crisis, vulnerability, and desperation to mitigate overdose risk
- Support in navigating resources
- Link individuals to proper care and treatment
- Rapidly respond to substance use crises in real time

To achieve these goals, the SPRT program targets environments where there is high vulnerability by collaborating with numerous community agencies for referrals. Community partners play an integral role in the success of SPRT and the team continues expand the list of partners as the team grows its capacity.

Through a care-centered approach, SPRT offers:

- 24/7 Recovery Coach Services
- Detox Support
- Guidance with navigating the complex treatment and healthcare systems
- Access to harm reduction focused support and referrals
- Transportation to recovery-related services
- Support during recovery journey

“SPRT has been successful because of its many community partnerships, including the amazing staff and members of the Solutions Recovery community. It is because of these connections with peers that individuals are able to get the help they need during their window of opportunity.”

- SPRT Community Partner





A Year in Review

The following is data reported from SPRT Recovery Coaches representing services provided September 6, 2022 - September 6, 2023.

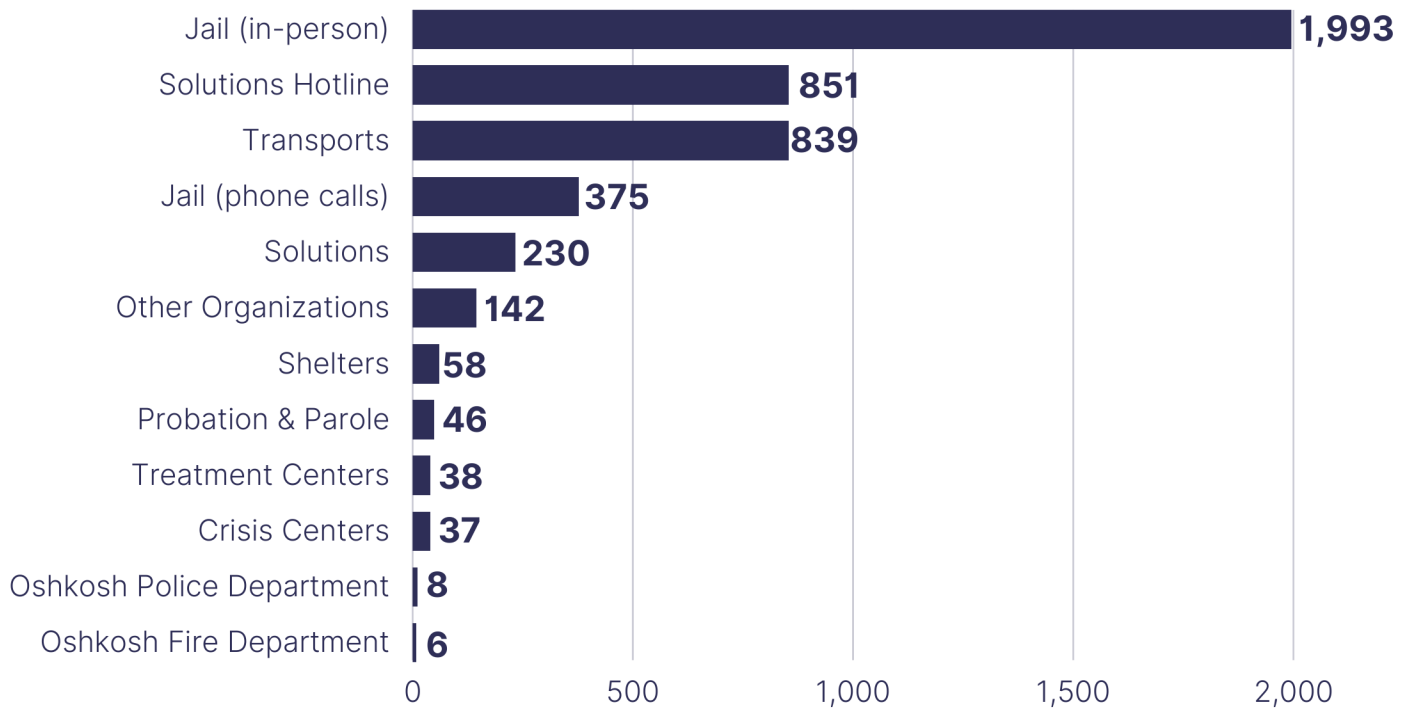
907

Total # of Unique Individuals Served

4,623

Total # of SPRT Interactions with Individuals Served

Number of Interactions by Location



Notable Themes from Interactions



- Recovery coaches often “plant a seed,” which opens doors for people to come back for help at different times
- 96% of jail participants reported it was “important” or “extremely important” to be helped by someone who has lived experience with addiction and recovery
- Many shared difficulty in finding housing (i.e. sober living, transitional living, and affordable/safe housing)



Data Reported from SPRT Participants

Participants shared the following as their “drug(s) of choice”

Alcohol	373
Meth	287
Opioids	227
THC	169
Cocaine	127
Amphetamines	55
Benzos	24
Hallucinogens	23
Inhalants	2

Participants are asked, “What are you looking for help with?”



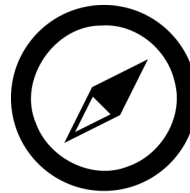
51%

Peer support



18%

Transportation to recovery-related services



17%

Navigation of recovery services (e.g., residential treatment, outpatient treatment, sober living, etc.)

391

Total number of non-fatal overdoses participants reported experiencing prior to SPRT intervention

“I am very thankful for all the women I got to meet to help me achieve a better support system towards my future.”

- SPRT Program Participant



Partnership with Winnebago County Jail

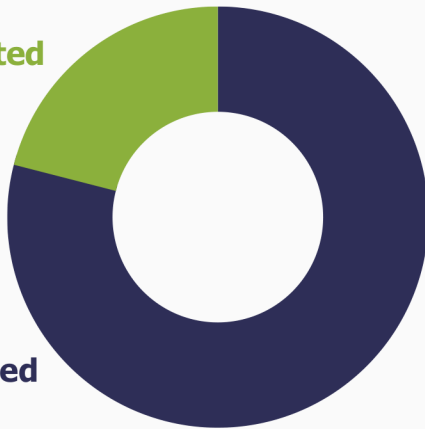
The SPRT plays a crucial role in jail services. The team provides daily services to those in jail, including addiction education, resource navigation, and release planning. Twice a week, the team meets with each inmate to develop recovery goals, plan post-release support, secure transportation to recovery-related locations, and provide warm handoffs into the recovery community. Due to this partnership, those working with the SPRT qualify for free phone calls to the SPRT hotline and delayed releases to obtain transportation with the SPRT team.

399 Unique individuals in jail served by SPRT

862 Follow-up connections have been made with participants following release from jail

Participant's status as of September 6, 2023

Currently Incarcerated
21%

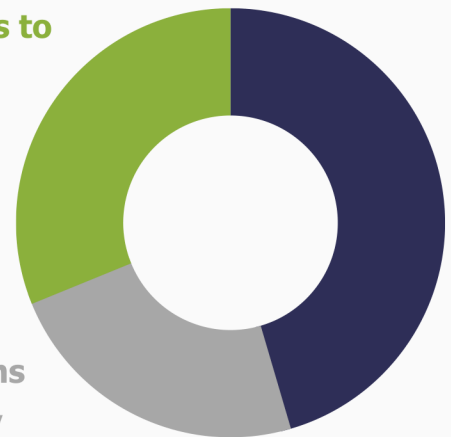


Released
79%

Recovery Coaches were able to assist **77** participants by connecting them to services and providing transport for a seamless transition from jail to direct recovery support.

Participants' Connection to Services

24 connections to Residential Treatment



18 connections to Emergency Shelter

35 connections to Sober Living

Within the jail, recovery coaches provided:

1,993 in-person meetings

375 phone calls



SPRT Success Story

"I was in jail in Winnebago County... They were talking about treatment options, but I was not a county resident and was unable to get funding for treatment. I felt broken, defeated, and desperate. One day, another inmate said 'Hey, I got a recovery coach. You should call this number.' I called the number... I was desperate, lost, and crying. I was fed up with the same routine that would always happen when I was released. All I knew was the same vicious cycle of bad that kept occurring and I wanted something different. I asked for a recovery coach. I also begged her to get a delayed release time. I knew if I was released at 4:30 am, I would go right back to using."



"Over the next couple of weeks, I was visited by two recovery coaches, Jesse and Nick... Both of them had told me that there is a life after drug use and that cravings will lessen. Once that was dangled in front of my face, I knew I had to take the opportunity because I wanted to stop using. They gave me hope that I had never had before, because here's two guys with a story as bad or worse than mine and they were able to stay sober, stay out of jail, stay out of prison, and that is exactly what I wanted. They were literally guiding me into the exact direction of everything I wanted in my life. Without the help of the recovery coaches and the resources offered by the jail, I would probably still be high today. They didn't know me; I didn't know them; and they were still willing to help me any way they could."

This SPRT program participant was released from jail in October of 2022 and was connected to a local sober living program where his recovery journey continues.

"My life looks so much different today. I have made it through all 12 steps, I now sponsor two men, I am the senior peer of the sober living house, I have a full-time job, I am working towards a better relationship with my family. I feel okay today. The joy I am able to bring others is directly connected to the people at Solutions giving me a shot. I wouldn't have had this shot if it wasn't for the resources in the jail and the people working to get me help. It's the reason I am alive today."



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About Solutions Recovery, Inc.

The mission of Solutions Recovery is to support and empower those impacted by alcohol and drug addiction to increase the quality of life in our community. To achieve this mission, Solutions offers:

- Daily support group meetings
- Men’s and Women’s sober living
- Some clinical services
- Childcare
- Safe haven for individuals
- Community atmosphere
- Peer Response Team

Connect with Us



24/7 Recovery Hotline
(866) 465-0010



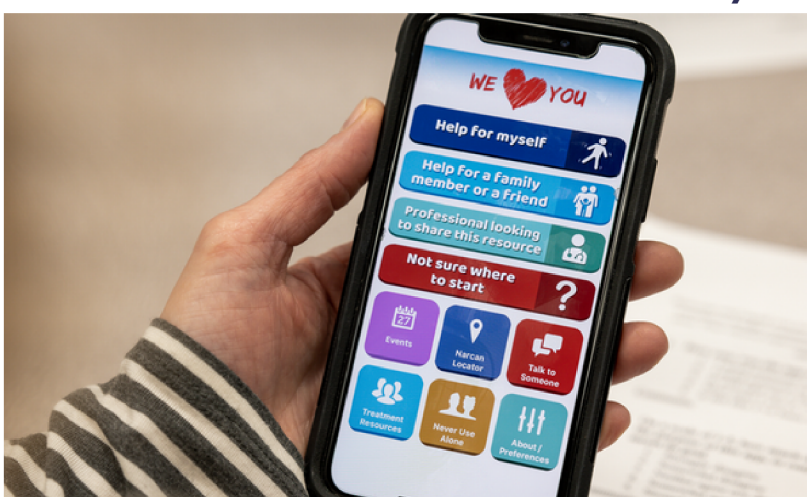
Email Address
peersupport@solutionsrecovery.org



Website
www.solutionsrecovery.org



Location
621 Evans St
Oshkosh, WI 54901



Download the We Heart You App

You and your loved ones can get connected with the Solutions Peer Response Team through the We Heart You App. The app includes information about:

- Treatment resources
- Support meetings
- Access to harm reduction focused support and referrals
- Support services including food, housing, employment, and county services
- Frequently Asked Questions
- Mental and behavioral health screeners
- AND a live chat feature where you can be connected to a recovery coach through phone, text, chat, or email to talk to someone who has been through it

WE  YOU

